



Queen of Peace Catholic Academy

September 2020 Lunch Menu

This month, we are challenging you to focus on "Eating the Colors of the Rainbow."

You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow. More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

ALL MAIN EVENTS AND SWAP OUTS:	Student Lunch	\$4.00
Your meal comes with the choice of:	Entrée Only	\$3.00
Fruit and Vegetable		
Milk, or Water	Adult Lunch	\$4.00

Maschio's Swap Outs

Monday: Grilled Cheese Sandwich

Tuesday: Cheeseburger on a Bun

Wednesday: Chicken Nuggets

Thursday: Hot Dog on a Bun

Friday: Chef Salad with Dinner Roll

Maschio's Swap Outs Available Daily

Bagel Meal– Bagel with spread, Cheese Sticks, Fresh Fruit, Fresh Vegetable and Beverage

Chicken Caesar Salad with Dinner Roll

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Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Chicken Quesadilla Sweet Potato Fries Fresh or Chilled Fruit	2 Creamy Macaroni and Cheese Warm Garlic Breadstick Fresh or Chilled Fruit	3 Hamburger or Cheeseburger On a Bun Baked Fries Fresh or Chilled Fruit	4 Cheese or Pepperoni Pizza Tater Tots
7 NO SCHOOL LABOR DAY	8 SCOOP-A-BOWL Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, & Salsa Tortilla Chips Rice and Black beans	9 Sausage Egg And Cheese Sandwich Hash Browns Fresh or Chilled Fruit	10 Pasta with Meat Sauce Garlic Bread Mixed Vegetables Fresh or Chilled Fruit	11 Cheese or Pepperoni Pizza French Fries Fresh or Chilled Fruit
14 Chicken Nugget Breadstick Tater Tots Fresh or Chilled Fruit	15 Grilled Cheese Sandwich Tomato Soup Cucumber Coins Fresh or Chilled Fruit	16 All Natural Beef Hot Dog Oven Baked Onion Rings Baked Beans Fresh or Chilled Fruit	17 Breakfast for Lunch Waffles Breakfast Sausage Hash Browns Fries or Chilled Fruit	18 Cheese or Pepperoni Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
21 Grilled Chicken Sandwich Country Slaw Fresh or Chilled Fruit	22 Beef and Broccoli Steamed Rice Fortune Cookie Fresh or Chilled Fruit	23 Early Dismissal Bagged Lunch Available at Dismissal	24 Meatball Sub Mashed Potato's Country Slaw Fresh or Chilled Fruit	25 Cheese or Pepperoni Pizza Fresh Veggie Dippers Fresh or Chilled Fruit
28 Popcorn Chicken Dinner Roll Peas and Carrots Fresh or Chilled Fruit	29 Crispy Chicken Sandwich with Lettuce & Tomato Fresh Veggie Dippers Fresh or Chilled Fruit	30 Creamy Macaroni and Cheese Warm Garlic Breadstick Fresh or Chilled Fruit		

Questions or Concerns? Please visit www.maschiofood.com
Or call Josh Stonecypher at: 814-421-8377

Cash, checks, and online payment are accepted.
Online payments can be made at
www.payschoolscentral.com
Please make checks payable to:
Maschio's Food Services, Inc



MENU SUBJECT TO CHANGE

"This institution is an equal opportunity provider"